



MEDICATIONS CONTRAINDICATED WITH ALLERGY SKIN TESTING

****You MUST stop taking these medicines (7) seven days before the allergy test****

Anti-Histamines

Allegra/Allegra-D	(fexofenadine)
Antivert	(meclizine)
Astelin	(azelastine)
Atarax	(hydroxyzine) – STOP 14 DAYS PRIOR
AllerX	
Benadryl	(diphenhydramine)
Clarinox	(desloratadine)
Claritin/ Claritin-D	(loratadine)
Dimetapp	
Dramamine	
Nyquil	
Phenergan	(promethazine)
Periactin or Peritol	(cyproheptadine)
Promethazine	
Rondec	
Singulair	(montelukast) 48 hours prior to test
Tylenol PM / Advil PM	(diphenhydramine)
Xyzal	(levocetirizine)
Zyrtec/ Zyrtec D/ Xyzal	(cetirizine)
Most Sleep Aides (including Unisom, any generic sleep aides, etc)	

**** If you have any questions
about medications you are taking,
please contact our office at
813-994-8900 x308**

Antihistamine Eye Drops: Including but not limited to:

Pataday, Pazeo	(olopatadine hcl)
Patanol	(olopatadine hcl)
Pazeo	(olopatadine hcl)
Optivar	(azelastine)
Zaditor	(ketotifen)
Bepreve	(Bepotastine Besilate)

Nasal Antihistamines:

Astepro	(azelastine)
Astelin	(azelastine)
Patanase	(olopatadine)
Dymista	(astelin & Flonase)

H-2 Blockers

Tagamet (cimetidine)	Axid (nizatidine)
Zantac (ranitidine)	Pepcid (famotidine)

HERBALS

Green Tea	Feverfew
Saw Palmetto	Astragalus
St. Johns' Wort	Licorice

Antidepressants/Anti-Anxiety

Please let the Allergy nurse and Physician know if you are taking any of the following classes of medications (do not stop these medications without the guidance of your prescribing physician) - including but not limited to: tricyclic antidepressants such as Amitriptyline (Elavil), Doxipen/Sinequan, Nortriptyline/Pamelor. Also, please notify us if you are taking any other antidepressants such as: Prozac, Zoloft, Wellbutrin, Lexapro, Celexa, Valium, Seroquel, Mirtazapine(Remeron).

Monoamine Oxidase Inhibitors (MAOIs) Nardil, Parnate

****Nasal steroids (Flonase, Nasonex, Nasocort, Rhinocort) do not need to be discontinued**