



SCOTCH INSTITUTE
ENT | Hearing | Allergy | Sleep

BRETT M. SCOTCH, D.O., FA.O.C.O.
Board Certified Otolaryngology
Head & Neck Surgery
Facial Plastic Surgery
Sleep Medicine

PHONE : (813) 994-8900
FAX : (855) 388-5350
EMAIL : info@ScotchENT.com
WEB : www.ScotchENT.com

Breathe, Sleep, Live and Hear.... Better

MEDICATIONS CONTRAINDICATED WITH ALLERGY SKIN TESTING

****You MUST stop taking these medicines (7) seven days before the allergy test****

Anti-Histamines

Allegra/Allegra-D	(fexofenadine)	Nyquil	
Antivert	(meclizine)	Phenergan	(promethazine)
Astelin	(azelastine)	Periactin or Peritol	(cyproheptadine)
Atarax	(hydroxyzine) – STOP 14 DAYS PRIOR	Promethazine	
AllerX		Rondec	
Benadryl	(diphenhydramine)	Singulair (montelukast)	48 hours prior to test
Clarinex	(desloratadine)	Tylenol PM / Advil PM	(diphenhydramine)
Claritin/ Claritin-D	(loratidine)	Xyzal	(levocetirizine)
Dimetapp		Zyrtec/ Zyrtec D/ Xyzal	(cetirizine)
Dramamine		Most Sleep Aides (including Unisom, any generic sleep aides, etc)	

Antihistamine Eye Drops: Including but not limited to:

Pataday, Pazeo	(olopatadine hcl)
Patanol	(olopatadine hcl)
Pazeo	(olopatadine hcl)
Optivar	(azelastine)
Zaditor	(ketotifen)
Bepreve	(Bepotastine Besilate)

Nasal Antihistamines:

Astepro	(azelastine)
Astelin	(azelastine)
Patanase	(olopatadine)
Dymista	(astelin & Flonase)

H-2 Blockers

Tagamet (cimetidine)	Axid	(nizatidine)
Zantac (ranitidine)	Pepcid	(famotidine)

HERBALS

Green Tea	Feverfew
Saw Palmetto	Astragalus
St. Johns' Wort	Licorice

**** If you have any questions about medications you are taking, please contact our office at 813-994-8900 x308**

Antidepressants/Anti-Anxiety

Please let the Allergy nurse and Physician know if you are taking any of the following classes of medications (do not stop these medications without the guidance of your prescribing physician) - including but not limited to: tricyclic antidepressants such as Amitriptyline (Elavil), Doxipen/Sinequan, Nortriptyline/Pamelor. Also, please notify us if you are taking any other antidepressants such as: Prozac, Zoloft, Wellbutrin, Lexapro, Celexa, Valium, Seroquel, Mirtazapine(Remeron).

Monoamine Oxidase Inhibitors (MAOIs) Nardil, Parnate

****Nasal steroids (Flonase, Nasonex, Nasocort, Rhinocort) do not need to be discontinued**